

**PRE-OPERATIVE MEDICATION MANAGEMENT
DEPT OF ANESTHESIA
LOWELL GENERAL HOSPITAL**

Medications to Continue the Day of Surgery

- **Anti-hypertension medications and all Cardiac medications**
- **Anti-depressants, anti-anxiety and psychiatric drugs**
- **Thyroid medications**
- **Birth control medication**
- **Eye Drops**
- **Heartburn or Reflux (GERD) medications**
- **Narcotic pain medications**
- **Anti-seizure medications**
- **Asthma medications**
- **Steroids**
- **Anti-cholesterol agents**

Medications to Discontinue Prior to Surgery

- **NSAIDs Discontinue 2 days prior to surgery**
- **Warfarin Discontinue 4 days prior to surgery**
- **Aspirin Discontinue 7 days prior to surgery except for vascular patients or those having cataract surgery**
- **Clopidogrel Discontinue 7 days prior to surgery***
- **Herbals and vitamin supplements
 Discontinue 7 days prior to surgery**
- **Ticlodipine Discontinue 14 days prior to surgery***
- **MAOIs Patients on these must have anesthesia consultation (3 weeks)**

Medications to Discontinue the Day of Surgery

- **Vitamins, iron and estrogen hormone therapy**
- **Topical medications**
- **Oral hypoglycemic agents**
- **Diuretics except for triamterene or hydrochlorothiazide (HCTZ) when taken for hypertension**
- **Regular or Combination Insulin preparations**
- **Type 2 diabetics should discontinue all insulin of any type**

- **Type 1 diabetics should take a small amount of their usual AM long-acting insulin (NPH, lente).**
- **Patients with insulin pump should only continue their basal rate.**